

# BLOCK HEADS 3

BLOCK  
20

moda  
FABRICS + SUPPLIES



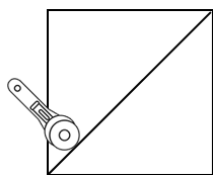
## CONTRIBUTION

BY LISA BONGEAN

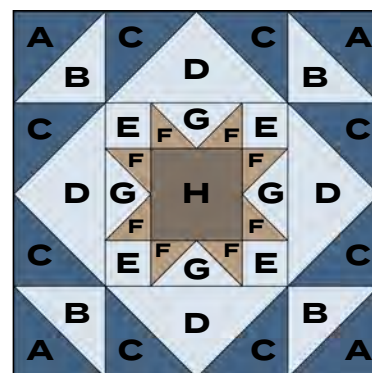
*I am so blessed to be one of Moda's fabric designers. I know our "contribution" of something as simple as these blocks help Quilters get through their everyday lives. There is nothing better than to be included in these large group stitch-a-longs and watch the quilts and the skill of the quilter's grow throughout the year.*

## CUTTING INSTRUCTIONS:

(For fabric choices refer to the diagram)



Cut Square Once Diagonally

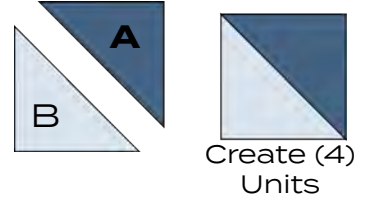


	4" Block	6" Block	8" Block	12" Block
A:	(2) 1 <sup>7</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) A triangles.	(2) 2 <sup>3</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) A triangles.	(2) 2 <sup>7</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) A triangles.	(2) 3 <sup>7</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) A triangles.
B:	(2) 1 <sup>7</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) B triangles.	(2) 2 <sup>3</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) B triangles.	(2) 2 <sup>7</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) B triangles.	(2) 3 <sup>7</sup> / <sub>8</sub> " squares; cut each square once diagonally to make (4) B triangles.
C:	(8) 1 <sup>1</sup> / <sub>2</sub> " squares; draw a diagonal line on the wrong side of each square.	(8) 2" squares; draw a diagonal line on the wrong side of each square.	(8) 2 <sup>1</sup> / <sub>2</sub> " squares; draw a diagonal line on the wrong side of each square.	(8) 3 <sup>1</sup> / <sub>2</sub> " squares; draw a diagonal line on the wrong side of each square.
D:	(4) 1 <sup>1</sup> / <sub>2</sub> " x 2 <sup>1</sup> / <sub>2</sub> " rectangles.	(4) 2" x 3 <sup>1</sup> / <sub>2</sub> " rectangles.	(4) 2 <sup>1</sup> / <sub>2</sub> " x 4 <sup>1</sup> / <sub>2</sub> " rectangles.	(4) 3 <sup>1</sup> / <sub>2</sub> " x 6 <sup>1</sup> / <sub>2</sub> " rectangles.
E:	(4) 1" squares.	(4) 1 <sup>1</sup> / <sub>4</sub> " squares.	(4) 1 <sup>1</sup> / <sub>2</sub> " squares.	(4) 2" squares.
F:	(8) 1" squares; draw a diagonal line on the wrong side of each square.	(8) 1 <sup>1</sup> / <sub>4</sub> " squares; draw a diagonal line on the wrong side of each square.	(8) 1 <sup>1</sup> / <sub>2</sub> " squares; draw a diagonal line on the wrong side of each square.	(8) 2" squares; draw a diagonal line on the wrong side of each square.
G:	(4) 1" x 1 <sup>1</sup> / <sub>2</sub> " rectangles.	(4) 1 <sup>1</sup> / <sub>4</sub> " x 2" rectangles.	(4) 1 <sup>1</sup> / <sub>2</sub> " x 2 <sup>1</sup> / <sub>2</sub> " rectangles.	(4) 2" x 3 <sup>1</sup> / <sub>2</sub> " rectangles.
H:	(1) 1 <sup>1</sup> / <sub>2</sub> " square.	(1) 2" square.	(1) 2 <sup>1</sup> / <sub>2</sub> " square.	(1) 3 <sup>1</sup> / <sub>2</sub> " square.

# ASSEMBLY INSTRUCTIONS:

1. Begin HST unit assembly using (4) A triangles and (4) B triangles. Place triangles right sides together and edges aligned.
2. Sew the longest edges of the triangles together using a ¼" seam. Press toward the dark triangle.
3. Repeat to create (4) HST units. Trim A/B HST units using the following guide:

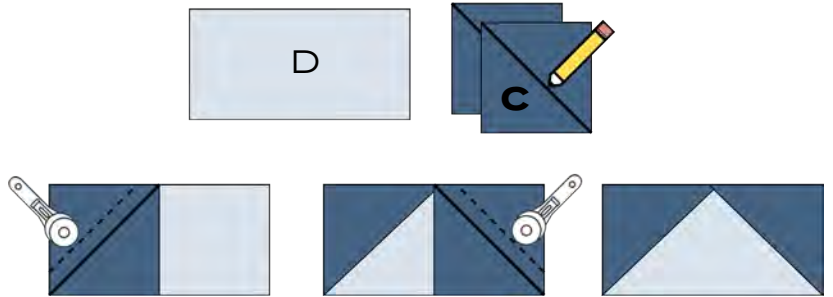
- a. 4" Block: 1 ½" unfinished (1" finished)
- b. 6" Block: 2" unfinished (1 ½" finished)
- c. 8" Block: 2 ½" unfinished (2" finished)
- d. 12" Block: 3 ½" unfinished (3" finished)



4. Place (1) C square with a drawn diagonal line onto the corner of (1) D rectangle, right sides together and edges aligned. Diagrams show accurate D square orientation.
5. Sew along the drawn diagonal line.

6. Trim outermost excess fabric to ¼". Press toward the corner.

7. Repeat stitch and flip techniques on the remaining corner of the D rectangle as shown to complete a flying geese unit.



8. Repeat to create (4) large identical flying geese units.

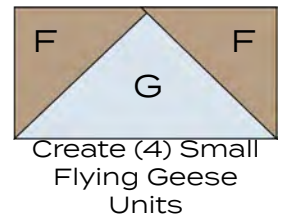
9. Trim large flying geese units using the following guide:

- a. 4" Block: 1 ½" x 2 ½" unfinished (1" x 2" finished)
- b. 6" Block: 2" x 3 ½" unfinished (1 ½" x 3" finished)
- c. 8" Block: 2 ½" x 4 ½" unfinished (2" x 4" finished)
- d. 12" Block: 3 ½" x 6 ½" unfinished (3" x 6" finished)

10. Repeat flying geese unit assembly to create (4) small flying geese units using (8) F squares and (4) G rectangles.

11. Trim small flying geese units using the following guide:

- a. 4" Block: 1" x 1 ½" unfinished (½" x 1" finished)
- b. 6" Block: 1 ¼" x 2" unfinished (¾" x 1 ½" finished)
- c. 8" Block: 1 ½" x 2 ½" unfinished (1" x 2" finished)
- d. 12" Block: 2" x 3 ½" unfinished (1 ½" x 3" finished)



12. Begin assembly for the center star using (4) F/G flying geese units, (4) E squares and (1) H square. Diagrams show the center star in all stages of assembly. Arrows indicate pressing instructions.

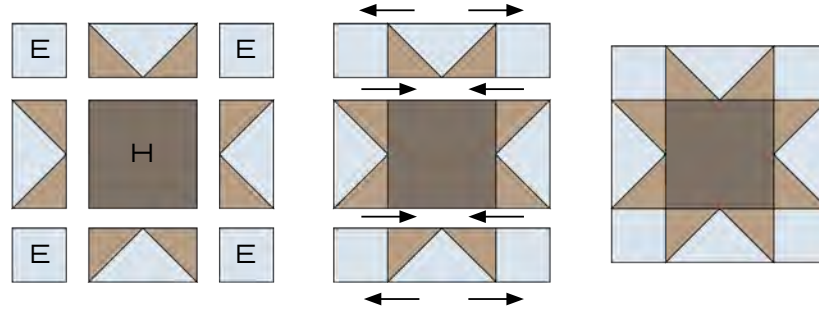




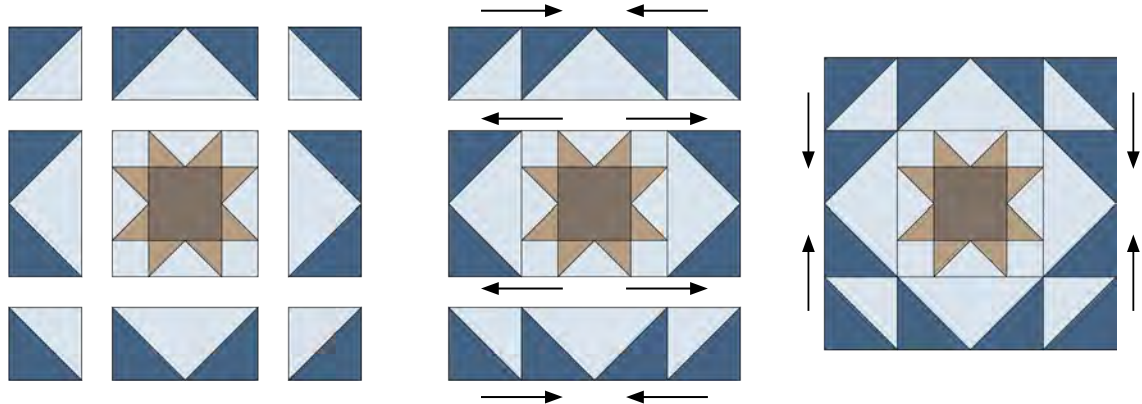
# ASSEMBLY INSTRUCTIONS:

13. Use the following guide for center star measurements:

- a. 4" Block: 2 1/2" x 2 1/2" unfinished (2" x 2" finished)
- b. 6" Block: 3 1/2" x 3 1/2" unfinished (3" x 3" finished)
- c. 8" Block: 4 1/2" x 4 1/2" unfinished (4" x 4" finished)
- d. 12" Block: 6 1/2" x 6 1/2" unfinished (6" x 6" finished)



14. Complete block assembly using the center star, (4) C/D flying geese units and (4) A/B HST units. Diagrams show the block in all stages of assembly. Arrows indicate pressing instructions



15. Trim block using the guide listed below:

- a. 4 1/2" x 4 1/2" unfinished (4" x 4" finished)
- b. 6 1/2" x 6 1/2" unfinished (6" x 6" finished)
- c. 8 1/2" x 8 1/2" unfinished (8" x 8" finished)
- d. 12 1/2" x 12 1/2" unfinished (12" x 12" finished)

## DESIGNER INFO

New Fabric Line: My next fabric line coming in August 2020 is Redwork Gatherings, inspired by my antique quilt collection. The colors and prints are true to their vintage roots; small scale, shirting style prints in a couple shades of deep red.



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